() Hours Credit

201. Personalized Academic and Career Exploration (2) F, S

This course offers personalized academic and career exploration to promote student success. Students will gain a better understanding of the concepts dealing with life calling and career planning and achievement while gaining practical study strategies to enhance academic performance and critical thinking. This course explores individual and group personality types and interest inventories and offers practical training in personality preferences, study skills, learning styles, time management, reading speed/comprehension, and test-taking strategies. The information and resources covered in this course will serve as a foundation for student success for the student's major and minor courses of study at Union University. This

course is a part of the Institute for Intellectual Discipleship curriculum and can be taken as a elective, 2-hour course of study providing sound self-assessment, academic performance skills, and life calling and career research and exploration strategies. This course counts as a general elective.